



Charter for **Compassion**

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TWELVE STEPS  
TO A  
COMPASSIONATE  
LIFE  
Reading Groups

*A truly compassionate person touches a chord in us that resonates with some of our deepest yearnings... This is the ideal to which we aspire and it is not beyond our capacity.*

- Karen Armstrong

## Join a *Twelve Steps to a Compassionate Life* Reading Group

Using Karen Armstrong's new book, we'll explore the meaning, cultivation, and practice of compassion in our everyday lives.

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**Date:** Twelve monthly meetings starting in March 2011

**Place:** Godalming Unitarian Chapel, Meadrow, Godalming  
([www.unitariangodalming.org.uk](http://www.unitariangodalming.org.uk))

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Fetzer Institute

**TED**Prize

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